



BETTY'S CLUB

FRIENDSHIP COMMUNITY WELLBEING

COMMUNITY NEWSLETTER

SUMMER 2026



Welcome to our Summer Newsletter

As the days grow warmer and our garden is bursting with life, we're excited to share some of the wonderful moments, activities and achievements from the past six months.

Thank you for being part of our journey.

Love Sarah x



Highlights from the last six months



Singing

Our singing sessions bring so much joy, connection and memory making



Growing together

Our sensory garden is thriving! We have all enjoyed planting and watching it grow and develop



Making new friends

New members have joined and friendships have blossomed across the club



Creativity Cake & a Cuppa

These afternoons deliver engagement, pleasure and stimulation



Alice in Wonderland

The (nearly) white rabbit greeted our members for a special 'Alice' tea with singing, laughter and dancing



Valentines Day

We shared love, stories and memories with delicious cakes baked by members

Events coming up...



The Burnhams Flower Show
Community Event

Saturday 11 July



WildFlowerFest Garden Party
Our Summer Barbeque

Thursday 6 August



Burnham Market Craft Fair
Community Fundraiser

Saturday 15 August



Creake Abbey Summer Fair
Community Fundraiser

Saturday 29 August



The Burnhams Market
Community Fundraiser

Saturday 19 September



Volunteer Spotlight

In this first newsletter, we want to thank all our wonderful committed volunteers who offer so much added value. Without them, Betty's Club would not be possible.

Marie, Lou, Karen, Chris, Jill, Jackie, Heather, Doug, Patrick, Francoise and Annette

Thank You x

A Betty's Insight!

Most people with dementia are capable of a lot more than we think

Our Impact in the last year...



- 42 members supported



- 18 life stories gathered



- 84 creative & singing sessions



- 12 coffee mornings



- 9 learning workshops



- 11+ member counselling sessions



- 5 special events



- 6 seated exercise classes



- 9 fundraising events



Our community members tell us...

“

“I feel I have found
my dementia
family at
Betty's Club”

“

“Another successful
event, all down to your
vision and hard work,
we had so much fun”



“

“Dad and I so enjoyed
the session, we always
come away feeling
very cheery, thank
you for creating such
a special space”

“

“That was a great
afternoon, I haven't
heard C talking that
much for months”

“

“For the first time in
months, J was positive
and wanted to come
again I'm already
singing your praises
to everyone”

Thank you

To all our members, volunteers, supporters, funders - thank you.
Your kindness and generosity make everything we do possible.

We couldn't do it without you!

Stay in touch 



www.bettysclub.com



info@bettysclub.com



BETTY'S CLUB
FRIENDSHIP COMMUNITY WELLBEING



facebook.com/BettysclubBM



[bettysclubburnhammarket](https://www.instagram.com/bettysclubburnhammarket)

Registered Charity No. 1191966